




THE SHARK CAGE™

GROUP PROGRAM

A free 8 week supportive, informative and empowering group for women who have experienced domestic and family violence or sexual abuse in their lives using a human rights approach

Location:

 Whitsunday Counselling & Support Inc
Shop 1/157, Shute Harbor Rd, Cannonvale


Dates & Time:

Tuesdays between 9:30am & 12:00pm

February: 3rd, 10th, 17th & 24th

March: 3rd, 10th, 17th & 24th

How to register:

 07 4946 2999

 intake@whitsundaycs.com.au

Who should attend:

Women who have experienced Domestic and Family Violence or Sexual Violence

Facilitated by:

Whitsunday Counselling & Support Inc with Charlotte and Niamh

Included in the Free Program:

- Education about human rights.
- The impacts of trauma.
- Skills training and the 5 steps in the Shark Cage™ framework.
- Help women feel empowered to heal and build a strong, positive sense of self.

