




1-2-3 MAGIC™

EMOTION COACHING

Parentshop has helped over 160,000 people
Our practitioners are qualified professionals who are experienced in
working with children, youth and families


“an end to arguing and yelling” “it changed our lives”
simple || sane || effective

Location:

 Whitsunday Counselling & Support Inc
Shop 1/157, Shute Harbor Rd, Cannonvale

How to register:

Whitsunday Counselling & Support Inc

 4946 2999

 intake@whitsundaycs.com.au

Dates & Time:

Fridays between 9:00am & 1:00pm
6th Feb | 13th Feb | 20th Feb

Cost \$10

Covers:

- Workbook
- Certificate of Completion

Presented by:

Whitsunday Counselling & Support Inc with Claudia and Alex

Learning Objectives of the Program:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing strategies – the 3 choices model
- Using emotion coaching to encourage good behaviour
- Strategies for encouraging good behaviour

