



# CIRCLE OF SECURITY

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

## 📍 **Location:**

Whitsunday Counselling & Support Inc  
Shop 1/157, Shute Harbor Rd, Cannonvale

## 📅 **Dates & Time:**

Mondays between 9:30 & 11:00am  
February: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup>  
March: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup>

## 📝 **How to register:**

Whitsunday Counselling & Support Inc  
0449 462 999  
intake@whitsundaycs.com.au

## 👥 **Who should attend:**

Parents and Caregivers  
Please arrange childcare,  
as children are unable to attend

## ǚ **Presented by:**

Whitsunday Counselling & Support Inc with Kirsty and Freya

## **Learning Objectives of the Program:**

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

